What is Seeds of HOPE?

Join students from across North America for a faith-filled servant leadership experience. Hear inspiring speakers, discuss tough issues facing your world and make lifelong friendships!

Servant leaders achieve personal growth by focusing on the needs of others, not themselves. With the help of peer leaders and women mentors, you will explore your faith, enhance your self esteem and learn to build your own transformational and effective leadership style.



DATES TO REMEMBER

March 15: early bird deadline to apply and save \$50.

April 15: deadline to complete application.





Looking Ahead

We are grateful for the support of our donors, mentors, and facilitators, without whom this program would not be possible.

We look forward to another year of empowering young women to become seeds of hope in their own communities.

Through the generous support of the Felician Sisters and sponsors, this program cost is only \$300 per participant. Financial assistance is available to those in need.



For more information, to request an application, or inquire about financial assistance, contact us at:

SeedsofHope@FelicianSisters.org 724-650-7936 Seeds-of-Hope.org

Seeds of Hope was meaningful to me because It showed me how something so small—
the simple desire to help and serve others—
can bring together such a community.



Learn. Lead. Transform the World.

JULY 11-18, 2026 | HOLLY, MI





WHY should I attend?

Seeds of Hope is a faith-based leadership program that seeks to empower young women to transform the world. Benefits include the opportunity to:

Build your resume.

Earn 10 hours of community service and 40 hours of servant leadership training.

Grow spiritually.

Explore different forms of prayer and meditation, and attend Mass, Eucharistic Adoration and Reconciliation. You do not need to be Catholic to attend. All are welcome!

Build a network of support.

Join with other young women and receive ongoing support from Seeds of Hope staff, alumnae and mentors.

Broaden your peer group.

Participants come from across the U.S., Canada and Mexico. Many remain in contact after the program ends.

Experience nature.

The lake, hiking trails and challenge obstacle course offer opportunities to

marshmallows by a fire, go for a swim or boat on the lake.





WHO is invited to participate?

Young women currently in high school (grades 9–12) who want to learn how to:

- → Take action to address issues they are passionate about.
- → Explore their faith as a source of strength and clarity.





Interactive workshops and activities are designed to grow leadership skills for each targeted group.

9-10 AND 11-12







